

## HEIGHT

Measure height vertically between the top of the head and the sole, on the person standing straight, feet together:

MEN SIZE CHART
(measurements in centimeters)


1- CHEST
Chest circumference is the largest measurement taken on a person standing, breathing normally, passing the measuring tape horizontally at the chest, below the armpits, arms down.


## 2- WAIST

Waist circumference is the measurement taken at the waist the narrowest point between chestand hips),while breathing normally, on a person standing with relaxed abdomen.


## 3-HIPS

Hips circumference is taken horizontally at the widest point of the basin (buttocks).


## 4- INSEAM

Inner legs length (from crotch to the ground) is the distance measured along the leg between the lowest part of the bust and the sole on a person standing straight, with feet slightly apart. If the suit has "booties", take measurement with shoes.


## 5-ARM LENGTH

Its the distance from the outside of the shoulder to the wist, along the am bent

| SIZE | HEIGHT | CHEST <br> $(1)$ | WAIST <br> $(2)$ | HIPS <br> $(3)$ | INSEAM <br> (4) | ARM LENGTH <br> (5) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| XS | $162 / 168$ | $91 / 95$ | $78 / 82$ | $90 / 94$ | $80 / 82$ | $62 / 64$ |
| S | $169 / 174$ | $95 / 99$ | $82 / 86$ | $94 / 98$ | $81 / 83$ | $63 / 65$ |
| M | $173 / 178$ | $99 / 103$ | $86 / 90$ | $98 / 102$ | $82 / 84$ | $64 / 66$ |
| L | $179 / 184$ | $103 / 107$ | $90 / 94$ | $102 / 106$ | $83 / 85$ | $65 / 67$ |
| XL | $183 / 187$ | $107 / 111$ | $94 / 98$ | $106 / 110$ | $84 / 86$ | $66 / 68$ |
| XXL | $185 / 189$ | $111 / 115$ | $98 / 102$ | $110 / 114$ | $85 / 87$ | $67 / 69$ |
| $3 X L$ | $188 / 194$ | $115 / 119$ | $102 / 106$ | $114 / 118$ | $85 / 87$ | $67 / 69$ |

Parasport Skydiving Equipment - via Vigone 25/A - 10061 Cavour (TO) - Italy - Ph. +39 (0121) 69692 - www.parasport.it - info@parasport.it


## HEIGHT

Measure height vertically between the top of the head and the sole, on the person standing straight, feet together.

## WOMEN SIZE CHART

(measurements in centimeters)


## 2- WAIST

Waist circumference is the measurement taken at the waist (the narrowest point between chestand hips, while breathing normally, on a person standing with relaxed abdomen.


## 3-HIPS

Hips circumference is taken horizontally at the widest point of the basin (buttocks).


## 4- INSEAM

Inner legs length (from crotch to the ground) is the distance measured along the leg between the lowest part of the bust and the sole on a person standing straight, with feet slightly apart. If the suit has "booties", take measurement with shoes.


## 5 - ARM LENGTH

Its the distance from the outside of the shoulder to the wist, along the am bent:

| SIZE | HEIGHT | CHEST <br> $(1)$ | WAIST <br> $(2)$ | HIPS <br> $(3)$ | INSEAM <br> (4) | ARM LENGTH <br> (5) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| XS | $157 / 163$ | $79 / 83$ | $62 / 66$ | $89 / 93$ | $76 / 78$ | $57 / 59$ |
| S | $160 / 165$ | $83 / 87$ | $66 / 70$ | $93 / 97$ | $77 / 79$ | $58 / 60$ |
| M | $163 / 168$ | $87 / 91$ | $70 / 74$ | $97 / 101$ | $78 / 80$ | $59 / 61$ |
| L | $165 / 170$ | $91 / 95$ | $74 / 78$ | $101 / 105$ | $79 / 81$ | $60 / 62$ |
| XL | $168 / 173$ | $95 / 99$ | $78 / 82$ | $105 / 109$ | $80 / 82$ | $61 / 63$ |
| XXL | $173 / 176$ | $99 / 103$ | $82 / 86$ | $109 / 113$ | $81 / 83$ | $62 / 64$ |
| $3 X L$ | $175 / 180$ | $103 / 107$ | $86 / 90$ | $113 / 117$ | $81 / 83$ | $62 / 64$ |

Parasport Skydiving Equipment - via Vigone 25/A - 10061 Cavour (TO) - Italy - Ph. +39 (0121) 69692 Fax +39 (0121) 69692 - www.parasport.it - info@parasport.it

